

guided recovery after delivery India for maternal
health support

SUPPORTING MUMBAI FAMILIES WITH CHILDBIRTH EDUCATION AND DOULA CARE — SO YOU CAN APPROACH BIRTH WITH CLARITY AND CONFIDENCE

Hi, I'm Anisha — a **childbirth educator** and
birth doula based in Mumbai.

I support expecting parents in understanding
birth, feeling grounded, and making informed
choices that align with their vision.

Hi, I'm Anisha

Hi, I'm Anisha — a childbirth educator and doula based in
Mumbai. I support parents in preparing for birth with
understanding and intention, and I offer continuous,
steady presence through pregnancy, labour, and early
postpartum. I help parents understand the physiology
of birth, navigate their options within the medical
system, and feel supported throughout labour and early
postpartum.

CONTACT US

 <https://reborndoula.in/>

