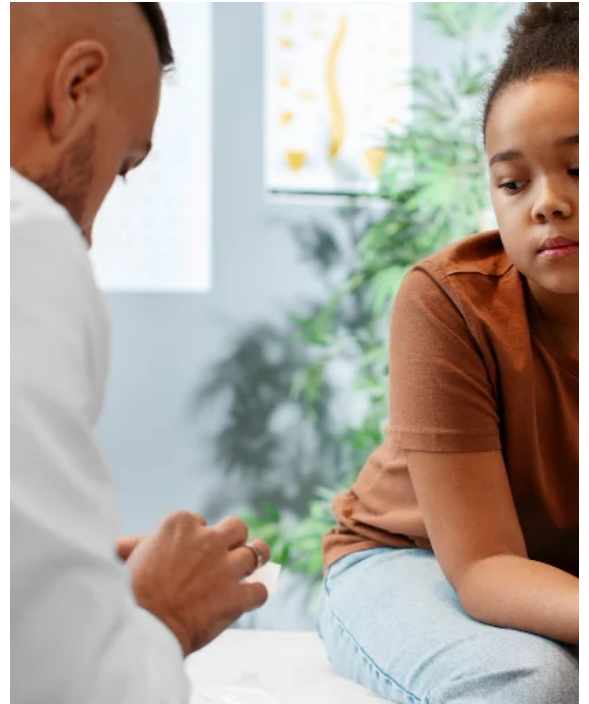


Welcome to Serenity Healthy Minds & Telemedicine Wellness LLC

Your Path to Mental Wellness Starts Here

Ethel Winfunke-Rochin, a board-certified psychiatric Mental Health Nurse Practitioner and Family Nurse Practitioner.

At Serenity Healthy Minds & Telemedicine Wellness LLC, we provide compassionate, patient-centered psychiatric care with a focus on evidence-based medication management. Led by Ethel Winfunke-Rochin, a Psychiatric Mental Health Nurse Practitioner, our practice is dedicated to empowering individuals by addressing underlying mental health concerns with a solution-focused approach. Whether you are facing anxiety, depression, ADHD, or other psychiatric conditions, we are here to support you on your journey to wellness.



About Us

Based in Queen Creek, Arizona, Ethel Winfunke-Rochin brings over 10 years of experience in medication management for individuals with comorbid health conditions, psychiatric disorders, and substance use disorders. She combines cultural awareness, a nonjudgmental approach, and strong interpersonal skills to create a safe and welcoming environment for every patient. **NP-BC, FNP-C, APRN**

Her philosophy is rooted in attentiveness, compassion, and empowerment, ensuring that each individual receives personalized treatment tailored to their unique needs.

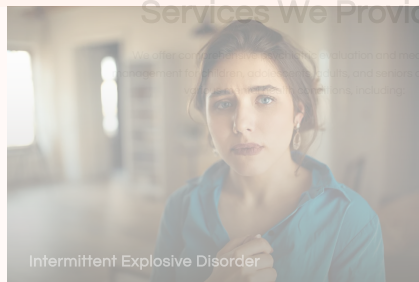
Our Services

Services We Provide

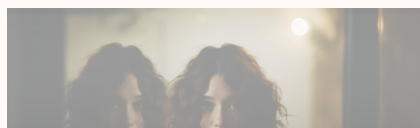
We offer comprehensive psychiatric evaluation and medication management for various mental health conditions, including:

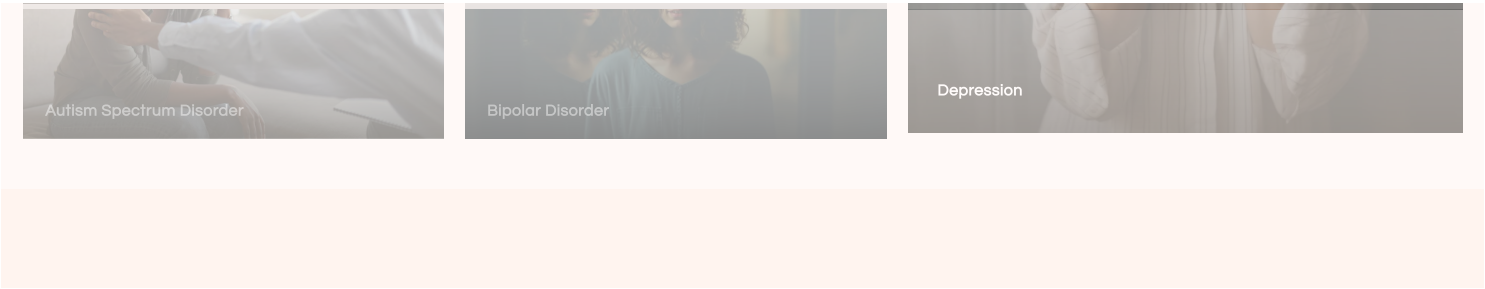


Anxiety Disorders



Intermittent Explosive Disorder





Telemedicine Wellness

CONVENIENT ONLINE PRESCRIPTIONS for STABLE chronic medical conditions for individuals with busy schedules who are having difficulty seeing with their Primary Care Provider for routine appointments. **Cough** is NOT a substitute for your established relationship with your Primary Care Provider.

- Medication refills for ongoing stable chronic conditions (refills are up to 2 months)
- Acne
- Benign Prostatic Hypertrophy
- Branchitis
- Chronic Migraine

- Cold Sores
- Dental infection
- External Ear Infection (Swimmer's ear)
- High Cholesterol (stable)

- Hypothyroidism
- Hypertension (stable)
- Pharyngitis
- Type II diabetes mellitus (stable)
- Urinary Tract Infection

Patient Feedback

Our Patient Reviews

What to Expect from Your First Session

A compassionate and nonjudgmental space to discuss your concerns.

Each patient is unique, and so is our approach. In your first session, we'll take time to understand your mental health history and current needs.

Personalized treatment recommendations, including medication management options.

Education on your treatment plan, ensuring you feel informed and empowered.

Jessica M.

Insurances



Take the First Step Toward Better Mental Health

[Book Appointment](#)

Your mental well-being is our priority. Using medication management or a new approach to your mental health care, Serenity Healthy Minds & Telemedicine Wellness LLC is here to guide you.



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