



Jazmin L. Budd BC-PMHNP
Empowering Mental Wellness. One Step At A Time

[Home](#)[About Us](#)[Services](#)[Blogs](#)[Contact Us](#)

Adult Psychiatric & Mental Health Nurse Practitioner

Jazmin L. Budd PMHNP-BC

“Jazmin Budd listened to my concerns and is helping me find the best treatment. So happy to have found her through the telehealth mental health service.”

[Book Appointment](#)

About Us

Personalized Psychiatric Care You Can Trust

At **Jazmin L. Budd, PMHNP-BC**, we are dedicated to helping adults achieve mental and emotional well-being through personalized, compassionate care. We believe that mental health treatment should be accessible, respectful, and centered around your unique needs.

Our approach blends evidence-based practices with a holistic perspective—addressing not only your symptoms but your overall well-being. Whether you're seeking help for anxiety, depression, trauma, or other emotional challenges, we create a safe space where you can feel heard, understood, and supported.

Through secure telehealth services, we make it easy to access high-quality mental health care from the comfort and privacy of your home.

[Read More](#)

Compassionate Care, Personalized Support

At Jazmin L. Budd, PMHNP-BC, we offer compassionate, evidence-based mental health care tailored to meet your unique needs. Our goal is to provide comprehensive support for your emotional, psychological, and overall well-being.



Telehealth Services

Telehealth services provide remote healthcare consultations, allowing patients to connect with doctors via video, phone, or messaging for diagnosis and treatment, improving convenience and access to care.



Medication Management

Medication Management ensures safe, effective use of medications by monitoring, adjusting doses, and coordinating care with healthcare providers to optimize treatment outcomes and improve health.



Psychotherapy

Our psychotherapy services provide a safe, compassionate space to explore your thoughts, emotions, and life challenges. Through evidence-based approaches, we help you gain insight, heal from past experiences, and develop effective coping strategies. Whether you're managing stress, navigating trauma, or seeking personal growth, psychotherapy supports your journey toward improved emotional well-being and resilience.

[View More Services](#)

Meet Provider

Jazmin L. Budd, PMHNP-BC

Jazmin L. Budd is a board-certified Psychiatric Mental Health Nurse Practitioner with advanced training from Chamberlain University. She is a proud member of the American Psychiatric Association and has extensive experience supporting individuals through their mental health journey.

Her philosophy is rooted in empathy, respect, and collaboration. She takes the time to understand each client's personal history, values, and goals before creating an individualized care plan. Using a combination of therapy, medication management, and holistic interventions, Jazmin helps clients navigate life's challenges and work toward improved mental health.

[Book Appointment via Headway](#)



In-Network Insurances

Other forms of payment accepted via Venmo, EFT, Cash app or PayPal (fees applicable)
I accept various insurance plans, including self-pay options, ensuring flexible payment solutions tailored to your individual needs and preferences.



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Testimonials

What Our Patients Are Saying



Kimberly H.



Great listener very warm and inviting. I felt as if I could anything. I'm new to therapy and this was a great experience.



Erica C.



Jazmin Budd listened to my concerns and is helping me find the best treatment. So happy to have found her through ZocDoc.



Willis A.



PMHNP Jazmin Budd was very professional. Great bedside manors. Great communicator and provider. Thank you



Get Personalized Mental Health Care with Jazmin L. Budd, PMHNP-BC

Jazmin L. Budd, PMHNP-BC, provides compassionate, personalized mental health care. Specializing in evidence-based treatment, she supports clients with a range of mental health needs.

[Book Appointment via Headway](#)

Contact

Let's get in touch

First Name

Last Name

Email *

Subject

Have questions about our services or need to schedule an appointment? Our friendly team is ready to assist you. Reach out today — your health and peace of mind are just a message away.

 (804) 404-3784

 clientpmhnpregister@gmail.com

Your Message *

Your Message

Submit Form



Jazmin L. Budd BC-PMHNP
Empowering Mental Wellness. One Step At A Time

Providing accessible, confidential telehealth mental health services to support your well-being anytime, anywhere.

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-  Home
-  About Us
-  Services
-  Contact Us

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