Embark on Your Journey to True Well-being

Welcome to Ruby Reflections Mental Health

We are here to support and empower you to achieve mental clarity, emotional balance, and a fulfilling life.

Welcome to Ruby Reflections Mental Health, your dedicated partner in mental health and well-being. Our team of professionals, skilled in providing personalized care, is here to

Who We Are?

support you through the challenges of mental health. We use a holistic approach that combines evidence-based practices with genuine empathy to create a nurturing environment for healing. Whether you need therapy, resources, or a supportive community, Ruby Reflections Mental Health is committed to helping you feel empowered and valued. Join us in

in

breaking the stigma around mental health and advancing towards resilience and fulfillment. Your wellness journey starts here. **More About Us**

Medication Management We offer expert medication management services to

support your mental health journey. Our

experienced professionals work closely with you to

Services We Provide

support individuals on their path to better health

Telehealth

We offer comprehensive telehealth services to

and well-being, all from the comfort and privacy of your own home. Our specialized telehealth programs combine evidence-based interventions with compassionate care to address a wide range of health concerns. Read More

Addiction and Substance Use

ensure safe and effective use of medications. Read More

understanding. Our skilled therapists provide a safe and nurturing environment for exploring your thoughts, feelings, and experiences. Read More

Supportive Psychotherapy

We offer supportive psychotherapy to help you

navigate life's challenges with compassion and

to recovery. Our specialized programs combine evidence-based interventions with compassionate

Treatment

We offer comprehensive addiction and substance

use treatment to support individuals on their path

care to address the complex nature of addiction. Read More

conducted by experienced professionals who

Comprehensive Psychiatric

Evaluation

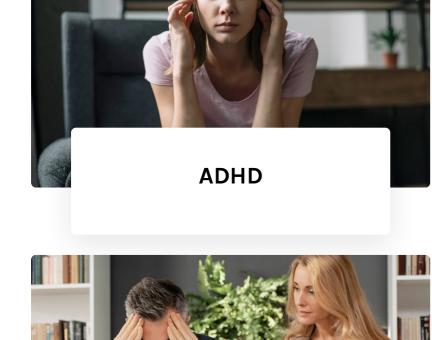
At Ruby Reflections Mental Health, we offer

comprehensive psychiatric evaluations tailored to

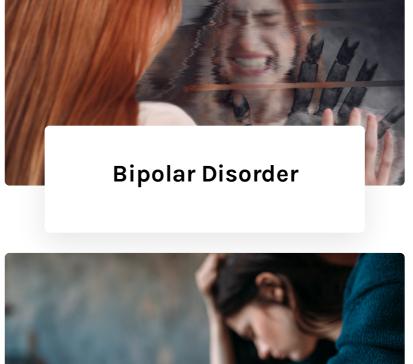
meet your unique needs. Our evaluations are

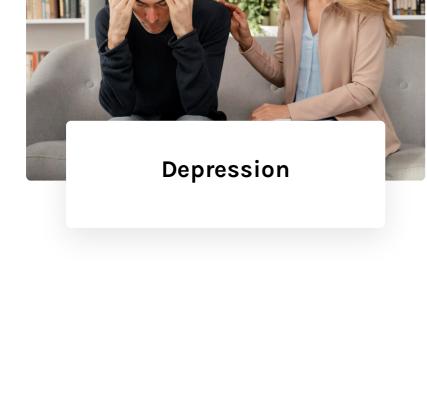
prioritize thoroughness and compassion. Read More

Conditions Treated





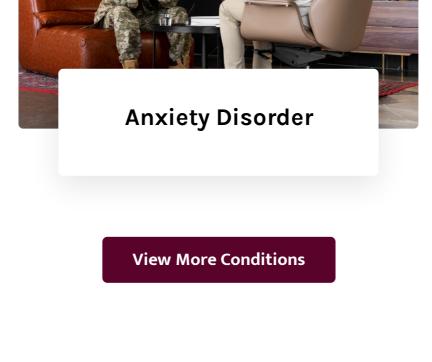


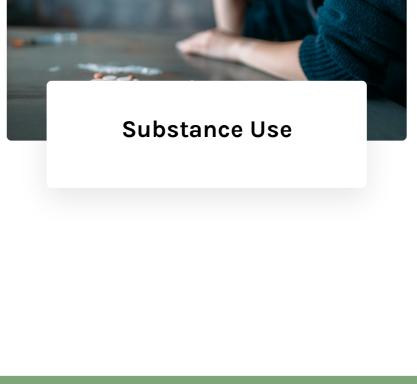


aetna

United Healthcare

OPTUMHealth™





Insurance We Accept







MultiPlan.



BlueCross BlueShield

Walden University. Kemi has honed her skills across diverse settings, including outpatient clinics, psychiatric hospitals, and community mental health centers. She has worked with individuals spanning all age groups, from children and adolescents to adults and older

KEMISOLA EBIETOMIYE

"Kemi" Kemisola Ebietomiye is an ANCC board certified Psychiatric Nurse Practitioner. As a

psychiatric nurse practitioner, Kemi brings a unique blend of experiences to practice. With

a solid foundation forged during her eight-year tenure in the United States Army, she

master's certificate as a Psychiatric-Mental Health Nurse Practitioner (PMHNP-BC) from

developed resilience, discipline, and a commitment to service. Kemi obtained a post

Psychiatric Nurse Practitioner, MSN, APRN, PMHNP-BC

adults. Through her clinical practice, she has developed a deep understanding of various mental health disorders, including mood disorders, anxiety disorders, panic disorders, insomnia, ADHD, OCD, PTSD, personality disorders, substance use, and she is equipped to address all mental health conditions. Her experience also includes providing psychiatric support to residents of Brooklyn care homes, where she has addressed complex conditions with empathy and professionalism. Her approach is open-minded, holistic, and solution-oriented. Her goal for each appointment is for patients to leave feeling confident in their treatment plan, respected in their concerns, and hopeful about their future. What our clients say about us?

Cigna.

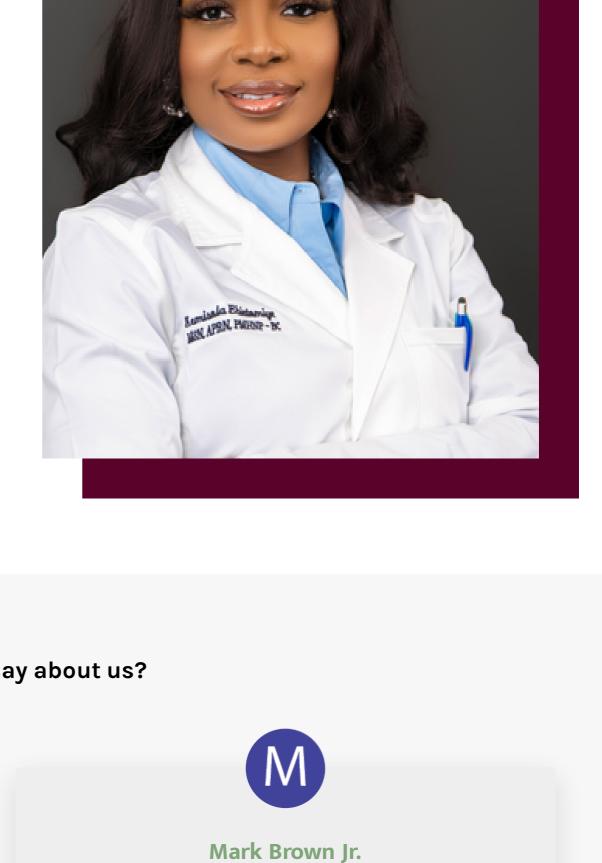
John Englishman

Ruby Reflections offers a unique combination of medication

management and coping skills education that has completely

transformed my life. I am immensely grateful to have found

such a supportive and impactful healthcare resource.



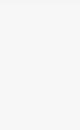
Booking at Ruby Reflections was easy, with helpful reminders

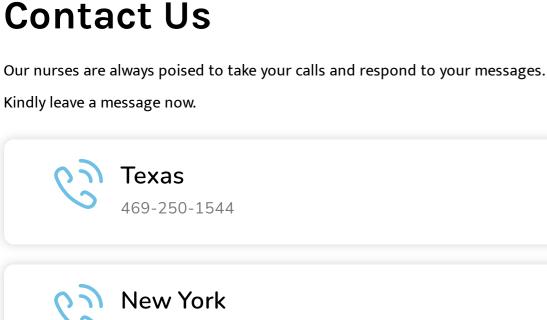
and clear instructions. Dr. Cecilio Gonzalez provided a

thorough, unrushed exam, and the polite, professional staff

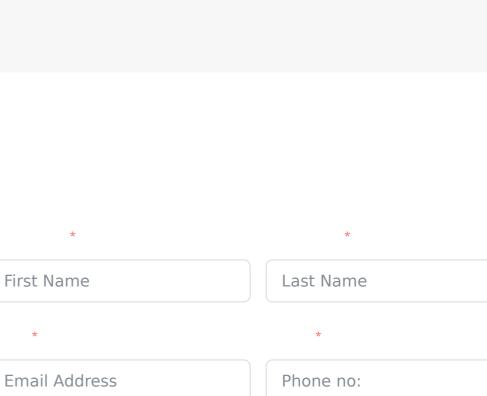
made me feel confident in my care.

Write a Review





Email info@rubyreflectionsmh.com **Address** Brooklyn, New York, 11249



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from 469-250-1544/347-378-3144. Message frequency varies and may include

appointment reminders and follow up Instructions. Message and data rates

may apply. Reply STOP at any time to end or unsubscribe.

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Now offering video visits!

It's free, fast and secure.

care, is here to support you through the challenges of mental health.

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dedicated partner in mental health and well-being. Our

team of professionals, skilled in providing personalized

(L) Sunday (clos

info@rubyreflectionsmh.com

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